

# The Flesk Restaurant

## Dinner Menu

**SAMPLE**  
Items Change daily  
Prices subject to change

### Starters

- Chilled Duo of Fantail Melon with Fruit Coulis **€6.50**  
Salmon and John Dory Terrine with Apple and Celery Salad **€7.50**  
Deep Fried Vegetable Spring Roll with Sweet Thai Chilli Sauce **€7.50**  
Chefs fresh soup of the evening €5.00

### Main Courses

- Pot Roast Irish Beef slow cooked until tender served with a Red Wine, Onion and Mushroom Sauce **€17.50**  
Baked Fillet of Sea fresh Salmon engulfed with a White Wine Citrus Cream **€17.50**  
Supreme Breast of Pesto marinated Chicken on a Champ Mash with a Thyme and Garlic infused Red Wine Jus **€17.50**  
Vegetarian Filo parcels- Julianne Vegetables Seasoned with Garlic and ginger in a golden Filo Pastry with a Tomato and Basil Sauce **€15.50**

- Irish Sirloin Steak **€22.50**    Irish T Bone **€25.00**    Irish Fillet Steak **€25.00**  
Steaks served with sautéed onions & mushrooms with a choice of peppercorn sauce or garlic butter  
Optional extras: Chips **€3.00**

### Desserts €5.50

- Baked Rice and Pear Puffing served with a Whirl of Cream  
White Chocolate Cheesecake served with a Orange Compote  
A Trio of Profiteroles drizzled in Caramel Sauce and served with a Scoop of Vanilla Ice Cream

Freshly brewed tea or coffee **€2.20**

### Our Menus Promotions

(Excluding Steaks)

€25 per person - 3 courses with Tea or Coffee

Or

€20 per person - 2 courses with Tea or Coffee

(choose from any starter/main course or main course/dessert)

For any special dietary requirements, please ask your server



All our Menu Ingredients are sourced from Quality Assured Suppliers  
(In accordance with the Feile Bia Charter) & our beef is sourced from Irish farms